Alex Laing is a conductor, violinist, teacher and writer. He is recognised as one of the finest and most versatile educators in the country. His work with the Benedetti Foundation sees him teaching musicians from young beginners to conservatoire students and adult learners as well as working with music teachers on how best to lead, direct and conduct ensembles.

Alex has a long and close relationship with the National Children's Orchestra of Great Britain. For many years he was conductor of the NCO Easterlies and is regularly a tutor and conductor for the NCO age-banded orchestras. He is a former Head of Strings at Uppingham School and a former professor at the Royal College of Music in the Junior Department. His students are scholarship and prize winners both at home and abroad and are members of NCO and of the National Youth Orchestra of Great Britain.

Alex contributes articles on violin teaching to ARCO and JESTA, magazines for the European String Teachers Association, and his reviews of music and education regularly appear in the Strad magazine.

From 2017-2022 Alex was Artistic Director (Music) at the King's High School in Warwick, where he oversaw music provision for children aged 3-18 and conducted the Warwick Independent Schools Foundation Symphony Orchestra. He also conducted the newly founded regional string orchestra for Warwickshire Music Hub. In 2021 King's High received national recognition by winning The ISA School of the year for Excellence and Innovation in the Performing Arts.

Alex is now Director of Music at Wells Cathedral School in Somerset where he leads a team of over 100 music staff at one of the very few specialist music schools in the UK.